

**BED****ABSTRACT OF THE DISCLOSURE**

A bed (1) comprising a supporting structure (2) for a resting element (3) that lies along a main longitudinal axis, characterized in that said resting  
5 element (3) is associated with movement means (5) that are adapted to move on command said resting element with an oscillating motion about a tilting axis that is substantially parallel to said main longitudinal axis.

(Figure 2)